



# The 40-Day Rule

Today we hear all kinds of rules which range from a 90-day rule, or a 10-day rule while in a relationship and 50-50, 90-10 rule once married.

**Since number 40 means test and trial, this rule says the guy has 40 days (his trial) to declare his intentions.**

**Why is this reasonable?**

- **Most married guys admit knowing their wife was the one the moment he met her.**
- **This rule saves you time. You should not waste your time with someone who is not interested.**

The 40-day rule means the first 40 days of dating is the test and trial period. This is also a good time to communicate with him about the 40-day rule and intentional dating as you get to know each other. Declaring his intention after 40 days does not mean you will be given a ring and become engaged. Although this has happened. The purpose for the rule, is so that you do not waste your time in a temporary relationship beyond that period. The guy must express his intentions in order to move forward.

If he does not do this at the 40-day point, you can give him a soft demand. You can also decide that this person does not match what you are looking for and can end it then.

If it is not working, move on.